

ROCK CHURCH WORSHIP ARTS MINISTRY
Choir and Vocal Ministry Commitment

Name: _____

Date: _____

PLEASE READ THIS ENTIRE DOCUMENT.

Initial next to each statement to affirm your understanding of and commitment to abiding by the stated policy. Use the space at the end of this page to explain any reservations you have regarding any of the policies below.

_____ 1. I commit to being a part of the Rock ARMY and following its principles: Accountability Relationships, Reaching the Lost, Ministry, and Yo' Money. (If you are not already a part of the ARMY, find out more and sign up on the website at www.therocksandiego.org/army/)

_____ 2. I commit to pursuing a daily quiet time.

_____ 3. I commit to representing Jesus Christ and the values of the Rock Church in my daily private and public life.

_____ 4. I commit to the schedule of rehearsals and services as explained in the Choir Audition form and Ministry Commitment form (*page 3 of this document*).

_____ 5. I commit to being as musically prepared as possible for *all five* Sunday services and events by attending rehearsals and assuming the responsibility of private practice. (*We suggest bringing tape or digital recorders to rehearsals for your own use.*)

_____ 6. I commit to avoiding gossip and doing my part to stop it when it appears.

_____ 7. I commit to observing the principles of Matthew 18 and going directly to the appropriate people when situations arise instead of discussing it with other ministry members.

_____ 8. I commit to being a positive, uplifting influence within my ministry and avoiding negative attitude and speech.

_____ 9. I commit to attending Rock services on a regular basis.

_____ 10. I have read and commit to following the Dress Code Standards.

_____ 11. I have read the choir's policy regarding lateness and commit to being prompt for all rehearsals, services & events.

_____ 12. I have read commitment for rehearsals, services & events.

_____ 13. I commit to the Rock Church's alcohol consumption policy (*see page 4*).

_____ 14. I commit to choices and a lifestyle that are both Godly and "above reproach" knowing that, as a leader, my lifestyle is a model to others (*see page 4*).

_____ 15. I commit to the Rock Church's PMS Policy and agree that sex is reserved for one man and one woman in a marriage covenant. (*see page 4*).

Are there any policies in this document with which you disagree or about which you'd like to speak with a Choir Administrator? Please provide the policy number and your reservation/concern here: _____

As a member of the Rock Church's Resonate Choir, I agree to abide by the guidelines set forth in this Choir Commitment form.

Signed: _____

Date: _____

It's extremely important that servants in the Worship Arts Ministry model a high standard of personal integrity in how we dress. The key word regarding this issue is **modesty**. Though certain clothes may be considered conservative in the world's eyes, they may not be modest enough for a worship service. To help you cultivate sensitivity in this sometimes confusing area of Christian freedom (dress/style), we have provided the following guidelines. Compliance with these guidelines is mandatory for all music ministers (vocal and instrumental).

DRESS CODE

LADIES:

1. Hems on skirts or dresses must be no shorter than the knee (even with leggings on). Long skirts must not be slit any higher than the knee.
2. No tank tops, spaghetti straps, low-cut tops, halter-tops, backless, or sleeveless blouses/dresses (cap-sleeves with discretion).
3. No see-through or lace blouses without an under blouse. No see-through or lace blouses even with an under blouse if that under blouse is low-cut.
4. Please wear proper underclothing and always be sure no undergarments are visible.
5. Blue jeans are permitted as long as they are not tight fitting, do not have holes and are not low cut.
6. No tight, form-fitting pants, dresses, or spandex (any clothing that outlines undergarments or intimate parts of the body is too tight).
7. No visible mid-riff.
8. No hats.
9. No white clothing.
10. Please DO WEAR deodorant.
11. Please DO NOT wear perfume during performances. (Many people have allergies or asthma and perfumes can cause adverse reactions.)

THIS GUIDELINE IS ESPECIALLY IMPORTANT FOR THE HEALTH OF OUR CHOIR MEMBERS.

GENTLEMEN:

1. No tank tops or sloppy T-shirts. Also, please DO NOT wear shirts with writing or large logos on them. Solid is necessary.
2. No shorts.
3. Please wear proper underclothing and always be sure no undergarments are visible.
4. Blue jeans are permitted as long as they are not tight fitting, do not have holes, and do not show undergarments.
5. No hats
6. No white clothing.
7. Please DO WEAR deodorant.
8. DO NOT wear colognes or strong aftershave lotion. (Many people have allergies or asthma and perfumes can cause adverse reactions.)

THIS GUIDELINE IS ESPECIALLY IMPORTANT FOR THE HEALTH OF OUR CHOIR MEMBERS.

NOTES

1. For visual excellence during worship services, be aware of the specific dress code for each performance. This will be announced at the rehearsal prior to the performance. (If you are not sure, call and ask one of the choir leaders.)
2. Colored clothing, **SOLIDS ONLY. NO PRINTS.** Colors may change with each worship opportunity.
3. Nice/Funky-Casual (most Sunday services) to Sunday best (Easter, Christmas, and other holidays)
4. Jewelry and other accents.
5. Smile, smile, smile!!!

IMPORTANT ADDITIONS

Requested by Technical Department

Please **do not wear** any clothing that is WHITE, has a STRIPE PATTERN (either vertical or horizontal), a CHECKERED PATTERN, or a POLKA DOT PATTERN. Such patterns cause the camera screens to "strobe" and also destroy the video consistency during taping. So *PLEASE* help our video team by adhering to these guidelines.

Habitual Lateness

Everyone is late once in a while - flat tires, kids, bad directions. Habitual lateness, however, is unhealthy in a ministry. Please read the following notes to better understand this issue. Prayerfully review your own habits as you consider joining this ministry. We are committed to pursuing excellence in all areas, including how we approach our ministry responsibilities.

Habitual Lateness is often a sign of...

Pride

Being late (without a valid reason) communicates, *"Your time is not as important as mine,"* or, *"I don't need to rehearse as much as you do."* Both are issues of pride. Scripture is very clear on how God feels about pride - He despises it! Pride is often a primary cause of habitual lateness.

- *"For whoever exalts himself will be humbled..." Matthew 23:12 (See also Proverbs 8:13, Proverbs 16:18, Daniel 4:37 and more...!)*

Selfishness

Being late displays our tendency to want to be served, rather than be a servant. *"I'll come once you guys are finished setting up for me,"* or, *"It doesn't matter if you guys need me here, I'll come when I want to."*

- *"Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too. You must have the same attitude that Christ Jesus had." (Phil 2:3-5; see also vs. 6-11 & Matthew 23:11)*

Laziness

Being habitually late may be due to not putting forth the appropriate effort that should be afforded to any act of ministry.

- *"Work willingly at whatever you do, as though you were working for the Lord rather than for people." (Col 3:23)*

Disorder

When others are relying on you and you consistently miss the assigned arrival time, you are impeding the order that is necessary for a church service to be effective. People's *lives and souls* are at stake.

- *"But be sure that everything is done properly and in order." 1 Corinthians 14:40 (Referring to a church/worship setting.)*

Disrespect

How we treat others is very important to God. When others are on time and you consistently show up late, you are showing disrespect toward everyone on your team.

Finally, please do not let the tardiness of others influence you. It does NOT matter what anyone else is doing - how you act out your faith and obedience is *your* responsibility, not anyone else's.

Thank you for your careful consideration of this issue!

NOTE: If you have a legitimate reason for being late (work schedule, family issues) please discuss this in advance with your ministry leader.

Time Commitment:

A) A weekly Thursday evening rehearsal (7:00-9:00pm). You must have 80% attendance in order to praise on the scheduled Sunday. NO EXCEPTIONS. If you are rehearsing with the Rock House Band in the Sanctuary you must sign in or inform the attendance team.

B) Sunday service times are 8 & 10AM and 12, 5, & 7PM. You must praise at all five services on the scheduled Sunday. If you can't attend all five services, you will not be able to praise with the choir on that date.

C) Choir Members will be asked to support the ministry by volunteering in various capacities. (For example: ministry fair, selling merchandise, rehearsal preparation, activity set up/tear down, etc.)

D) If you need to take a leave of absence from the Choir, you will have to petition the leadership team by writing a letter assuring your commitment. The leadership team will consider your request and decide whether you can return to the choir at the end of your absence.

E) Promptness to rehearsals and services is mandatory.

Alcohol Consumption Policy

The Rock Church upholds the biblical standard that getting drunk is sinful.

- The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. (Galatians 5:19-21, NIV)

The Rock Church does not believe that drinking a beer or a glass of wine is sin. However, because of our culture and society, we look to Scripture which warns us not to be a stumbling block to others. Therefore, we believe that it is *unwise* for a staff member or anyone in a leadership position in to drink in public.

- Be careful, however, that the exercise of your freedom does not become a stumbling block for others. 1 Corinthians 8:9

Sexual Purity Policy

Regarding sexual purity, unless you are married, as prescribed by the Bible and the state of California, choir members are expected to abide by biblical lifestyle expectations.

- *For this is the will of God, your sanctification: that you should abstain from sexual immorality; that each of you should know how to possess his own vessel in sanctification and honor.* 1 Thessalonians 4:3-4

One of the biggest temptations you will face is PMS (Pre-Marital Sex). Jesus instructed us to be extreme in avoiding falling prey to sin, particularly sexual sin due to its effects. Since he created it, he knows better than us.

- *But I say, anyone who even looks at a woman with lust in his eye has already committed adultery with her in his heart. So if your eye—even if it is your good eye—causes you to lust, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your hand—even if it is your stronger hand—causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.* (Matthew 5:28-30)

Sexual intercourse before the union of marriage is a sin.

We believe, that in order to stay pure, one should refrain from oral sex, passionate kissing (more than 3 seconds), watching pornography, touching with the intent to arouse, and the touching of private parts should be avoided at all cost.

Other things to help you:

- Don't be alone in a private place with someone you have feelings for after midnight.
- Don't rely on your boyfriend/girlfriend to be your spiritual leader; have someone of the same sex keep you accountable.
- Unless you're a massage therapist, avoid massages (definitely keep the shirts on).
- When cuddling always leave room for the Holy Spirit.
- Avoid horizontal kissing.
- If you must kiss, limit it to 3 seconds or less.
- When spending time alone, keep the lights on.
-

Run away from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. Or don't you know that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body. (1 Corinthians 6:18-20)

God has a great plan for your life, and he knows how wonderful sex is, refrain from the counterfeit. You could have a filler now or the meal of your dreams in God's time. There is no PMS that is good.